

# HERE'S TO A BETTER YOU THINK THE



Washington Co. Family YMCA

September 2022 Y-News

# MARK YOUR CALENDAR

Sept. 3rd: CPR, 9:00-10:30a\*

Sept. 5th: YMCA Closed for Labor Day Sept. 10th: Kayaking Club at Salinda, 10a\*

Sept. 10th: Fundamental Soccer Games, 10:00a-12:15p

Sept. 16th: YMCA @ Friday Night on the Square, 6-9p

Sept. 17th: Fundamental Soccer Games, 10:00a-12:15p

Sept. 20th: National Voter Registration Day

Sept. 23rd: Hocus Pocus Movie Night on the soccer fields

Sept. 24th: Fundamental Soccer Games, 10:00a-12:15p

Sept. 24th: Kayaking Club at Delaney Park, 10a\*

\* Pre-registration is required for program

# **NATIONWIDE MEMBERSHIP**

Nationwide Membership enables you to visit any participating Y in the United States through membership at your home" YMCA (your home location is the



facility that enrolled you as a member and that collects your membership dues).

At the Y, we believe that positive, lasting personal and social change can come about only when we all work together to invest in our kids, our health, and our neighbors. This strengthening of community and the realization of a Y's full potential has the most impact when all Y's are open to all Y members and provide safe and welcoming environments for everyone.

With Nationwide Membership, members can visit any participating Y in the United States and Puerto Rico through membership at their home Y, at no additional cost. Nationwide Membership is an essential part of our cause to strengthen communities.

Call ahead to confirm participation at individual YMCA's.

# We want your Y story.



Tell us! Email your story to Chelsey@wcfymca.org

# FALL BREAK CAMP Is Around The Corner

Sign-Up beginning September 2<sup>nd</sup> to secure your spot!

# •FEAR FACTOR AT THE Y•

When: October 10th-14th

Time: 7am-6pm

Rates:

Part-Time: (Member) - \$50 (Non-Member) - \$75 Full-Time: (Member) - \$80 (Non-Member) - \$100 1 Day Rate: (Member/Non-Member) - \$25

Get your brave face on & come try our daily fear factor challenges over fall break! Sign-up by Oct. 5th.

# **40 DEVELOPMENTAL ASSETS**

The 40 developmental assets are strongholds that increase a youth's chances of success. The more assets a youth possess, the more likely they are to succeed & be able to overcome diversity.

# **Youth Programs:**

Young people spends three or more hours per week in sports, clubs, or organizations at school and/ or in the community.

The YMCA supports this asset with the offerings of our sports and club programming as well as the opportunity to connect with friends by playing basketball/pickleball on our outdoor



# Our Mission: "To put Christian principles into practice through programs that build healthy spirit, mind and body for all."

# **SPOOKY FUN!**

## Mark Your Calendars

October 29th | 4-6pm Trick or Treating Event

Keep watch for exact place & details!





### DID YOU KNOW ...

Washington County residents are more likely than residents of other counties in the state to die of an overdose? (County Health Rankings 2020)

### ARE YOU INTERESTED IN ...

Discussing ways we can prevent substance misuse and negative outcomes such as overdose within our community?

### CONSIDER JOINING US...

The Washington County Prevention Workgroup by reaching out to Prevention Coordinator, Desiree Prater at desiree@wcfymca.org

GIVE TO OTHERS, GET FROM THE Y

At the Y, we know that reaching outside of our walls and being involved in our community is a way to serve others.

Quarterly, we will be holding community service drives that benefit different sectors of our community.

We invite members & non-members to participate in supporting our community through these drives.

This month when you donate an item to our community service drive, you will receive a FREE guest pass! Use this for your friend, grandma, loved one or a complete stranger. Give to others and get something sweet from the Y.

# **FACILITY HOURS**

## **REGULAR HOURS**

Monday - Thursday 5AM - 8PM Friday 5AM - 7PM Saturday 7AM - 5PM Sunday 1PM - 5PM

\*Closed, Sept. 5th

\*24/7 access will be available on these days. 24/7 access available for members 18 & over, who have waivers signed\*

# **KIDS CLUB HOURS\***

Monday - Thursday 4PM - 7:30PM Friday 4PM - 7PM Saturday 9AM - 12PM

\*Children must be checked in an hour before facility closes

\*Kids Club is a FREE service offered to Y Members

\*Guests may use the service for \$5/visit

# **LEADERSHIP TEAM**

# CHIEF EXECUTIVE OFFICER

Kristy Purlee - kristy@wcfymca.org

## ASSOCIATE EXECUTIVE DIRECTOR

Chelsey Miller - chelsey @wcfymca.org

## ADMINISTRATIVE MANAGER

Debbie Rutherford - debbie@wcfymca.org

## PRESCHOOL DIRECTOR

Robin Deaton - robin@wcfymca.org

### YOUTH & FAMILY COORDINATOR

Hailey Jackson - hailey@wcfymca.org

### MEMBER ENGAGMENT COORDINATOR

Kimberly Reynolds - kimberly@wcfymca.org

## PREVENTION COORDINATOR

Desiree Prater - desiree@wcfymca.org